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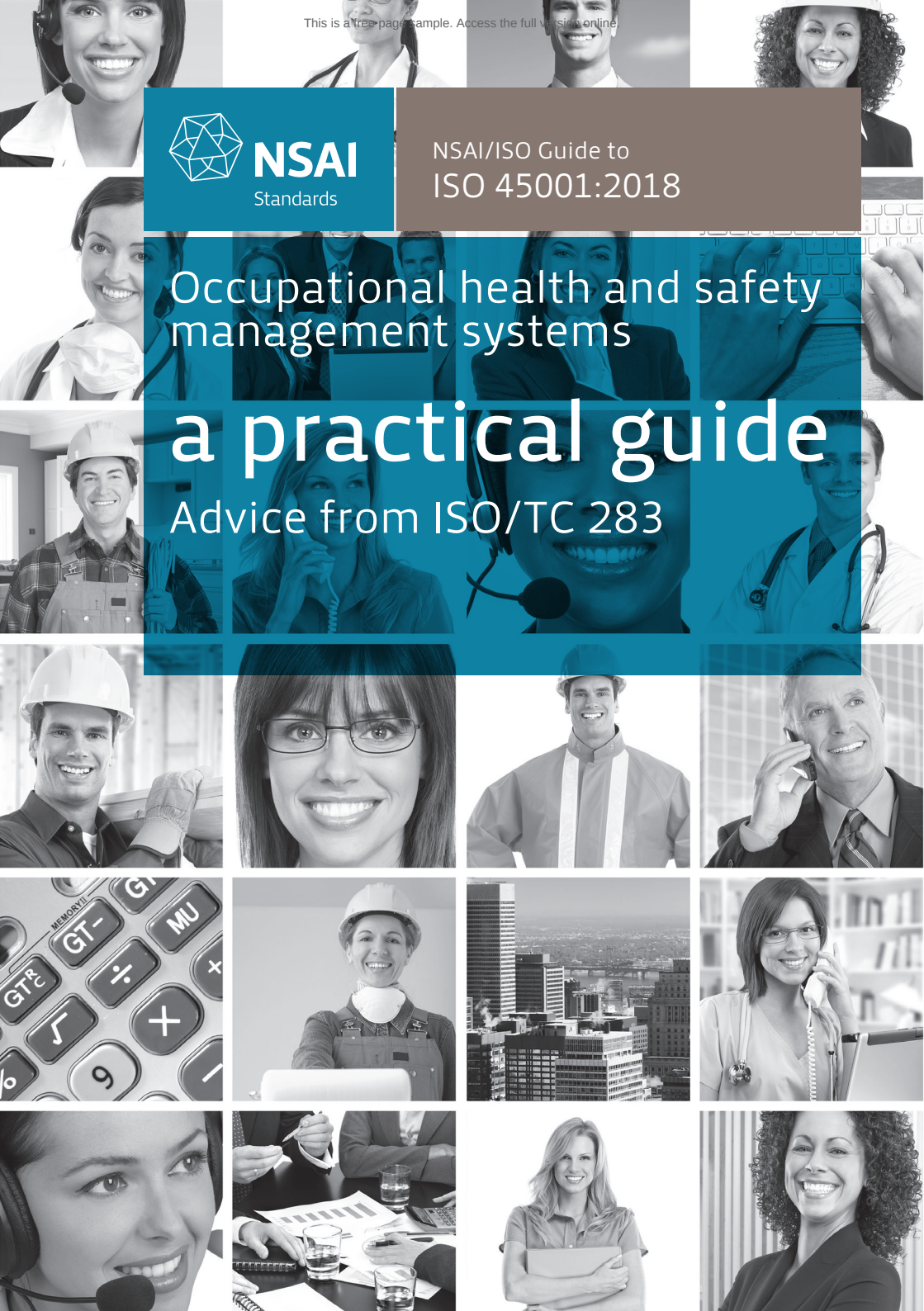
NSAI Standards

NSAI/ISO Guide to
ISO 45001:2018

Occupational health and safety management systems

a practical guide

Advice from ISO/TC 283



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NSAI/ISO Guide to ISO 45001:2018

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Contents

1. Foreword 2
2. About this handbook 3
3. Terms and definitions 7
4. Context of the organization 9
4.1 Understanding the organization and its context 9
4.2 Understanding the needs and expectations of workers and other interested parties 10
4.3 Determining the scope of the OH&S management system 14
4.4 OH&S management system 15
5. Leadership and worker participation 17
5.1 Leadership and commitment 17
5.2 OH&S policy 19
5.3 Organizational roles, responsibilities and authorities 20
5.4 Consultation and participation of workers 22
6. Planning 27
6.1 Actions to address risks and opportunities 27
6.2 OH&S objectives and planning to achieve them 36
7. Support 41
7.1 Resources 41
7.2 Competence 43
7.3 Awareness 44
7.4 Communication 45
7.5 Documented information 49
8. Operation 53
8.1 Operational planning and control 53
8.2 Emergency preparedness and response 63
9. Performance evaluation 67
9.1 Monitoring, measurement, analysis and performance evaluation 67
9.2 Internal audit 70
9.3 Management review 71
10. Improvement 73
10.1 General 73
10.2 Incident, nonconformity and corrective action 73
10.3 Continual improvement 77

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1. Foreword

The power of small businesses cannot be underestimated. In around 100 countries worldwide, more than two thirds of total employment comes from small economic units. These businesses play a pivotal role in the global economy and the livelihood of countless numbers of people. The negative effects of workplace injuries, illness or fatalities is a challenge for all kinds of businesses but can prove overwhelming for smaller organizations. Today, more than ever, ensuring a safe and healthy work environment is an important element of doing business worldwide.

ISO 45001:2018 is the world's first international standard on occupational health and safety (OH&S) management, containing agreed good practices from across the world. The primary focus of implementing an OH&S management system is to prevent any kind of work-related injuries, illness or loss of life. Beyond protecting workers, this can lead to better workforce morale, improved products or services and a stable revenue flow. The requirements of the standard assist small organizations as much as they do global conglomerates, governments and society as a whole.

To support smaller entities, both public and private, the International Organization for Standardization (ISO) and United Nations Industrial Development Organization (UNIDO) have joined forces to publish this handbook on ISO 45001.

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