



National Standards Authority of Ireland

IRISH STANDARD

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**ERGONOMIC PRINCIPLES RELATED TO
MENTAL WORK-LOAD - PART 1: GENERAL
TERMS AND DEFINITIONS (ISO 10075:1991)**

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Údarás um Chaighdeán Náisiúnta na hÉireann

EUROPEAN STANDARD
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English version

**Ergonomic principles related to mental work-load - Part 1:
General terms and definitions (ISO 10075:1991)**

Principes ergonomiques concernant la charge de travail
mental - Partie 1: Termes généraux et leurs définitions (ISO
10075:1991)

Ergonomische Grundlagen bezüglich psychischer
Arbeitsbelastung - Teil 1: Allgemeines und Begriffe (ISO
10075:1991)

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This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the Central Secretariat has the same status as the official versions.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

Central Secretariat: rue de Stassart, 36 B-1050 Brussels

Foreword

The text of the International Standard from Technical Committee ISO/TC 159 "Ergonomics" of the International Organization for Standardization (ISO) has been taken over as an European Standard by Technical Committee CEN/TC 122 "Ergonomics", the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by January 2001, and conflicting national standards shall be withdrawn at the latest by January 2001.

According to the CEN/CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Czech Republic, Denmark, Finland, France, Germany, Greece, Iceland, Ireland, Italy, Luxembourg, Netherlands, Norway, Portugal, Spain, Sweden, Switzerland and the United Kingdom.

Endorsement notice

The text of the International Standard ISO 10075:1991 has been approved by CEN as a European Standard without any modification.

INTERNATIONAL STANDARD

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10075

First edition
1991-10-01

Ergonomic principles related to mental work-load — General terms and definitions

*Principes ergonomiques concernant la charge de travail mental —
Termes généraux et leurs définitions*



Reference number
ISO 10075:1991(E)

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Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

Draft International Standards adopted by the technical committees are circulated to the member bodies for voting. Publication as an International Standard requires approval by at least 75 % of the member bodies casting a vote.

International Standard ISO 10075 was prepared by Technical Committee ISO/TC 159, *Ergonomics*, Sub-Committee SC 1, *Ergonomic guiding principles*.

Annex A forms an integral part of this International Standard.

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